

# On, Wisconsin! Menu

Week 3					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	<b>French Toast Sticks</b> w/Maple Syrup Baked Sweet Potatoes & Apples Fresh Celery Sticks Orange Wedges Choice of Milk	<b>Hot Ham, Broccoli, &amp;  Cheese Pita</b> Crispy Veggie Dippers w/Ranch Fresh Kiwi Halves Banana** Choice of Milk	<b>Honey Mustard Deli Wrap</b> Macaroni & Cheese Baked Beans Fresh Jicama Pineapple Chunks Choice of Milk	<b>Roasted Turkey w/Gravy</b> WW Dinner Roll* Mediterranean Quinoa Salad Fresh Romaine Salad Carrots ** Applesauce Cup Choice of Milk	<b>Pizza Sticks w/  Marinara Dipping Sauce</b> Oven Roasted Potato Wedges Assorted Fresh Melon Bowl Choice of Milk
Option 2	<b>Southwest Veggie Wrap</b> Baked Sweet Potatoes & Apples Fresh Celery Sticks Orange Wedges Choice of Milk	<b>Sweet Thai Chicken  Bowl  w/Brown Rice</b> Crispy Veggie Dippers w/ Ranch Fresh Kiwi Halves Banana** Choice of Milk	<b>Hot Dog</b> Macaroni & Cheese Baked Beans Fresh Jicama Pineapple Chunks Choice of Milk	<b>Mandarin Chicken Salad</b> WW Dinner Roll* Mediterranean Quinoa Salad Applesauce Cup Choice of Milk	<b>Bistro Spinach Salad</b> WG Soft Pretzel Rods Oven Roasted Potato Wedges Assorted Fresh Melon Bowl Choice of Milk



## Key:

WG = Whole Grain

WW = Whole Wheat

\*Applies to 6-8 & 9-12 menus only

\*\*Applies to 9-12 menu only

## Milk Choice includes:

1% White

Skim White

Skim Chocolate



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